



# THE STRENGTH OF OUR PEOPLE

## She Trusted Me

I had a positive experience with a woman from the community who came to see me because our Four Directions Community Health Centre provided work placements and she needed one.

At that time, she seemed to need some confidence boosting. After completing her work placement she became a volunteer at Four Directions.

I helped her send out resumes and watched for job opportunities.

Later, she went on to become a paid worker in the community.

This woman came to me because she trusted me, and I feel I made a difference in her life.

~ Community Health Care Worker

