

# Meals & Snacks at School

## Safety Tips for kids during COVID-19



**1. Wash your hands** with soap and water for at least 20 seconds before eating.

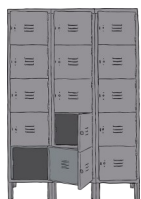


**2. Stay in your classroom to eat.** Clean and sanitize the surface of your desk or table before you put your food down.



**3. If food is provided at school,** follow the guidelines of your school in how it will be served.

**4. If food is being served to you,** let the adult who is delivering the food serve it to you. It is important to not touch food or dishes that are not yours.



**5. Do not share food from home with others.** Store your food from home with your own belongings.

**6. Wash your hands** with soap and water for at least 20 seconds after you finish eating.

**7. Clean and sanitize** your desk or table after eating.

For more information, refer to the *Re-Open Saskatchewan Plan* Guidelines at [Saskatchewan.ca](https://www.saskatchewan.ca) and your local school safety plan.

Written by the Public Health Nutritionists of Saskatchewan (2020)

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