

REGINA MEAL PREP/DELIVERY SERVICES

Ardith Holmes – meal prep

- (306) 586-8324

Bayshore Home Health – meal prep

- (306) 352-7144

Chic Concierge – meal prep

- (306) 527-0037

Cindy Davis – meal prep

- (306) 550-9025

Cornerstone Companion – meal prep

- (306) 949-4405
- (306) 546-4288

Donna's Home Style Cooking – meal delivery

- (306) 536-2036
- Donnashomestyle.com

Dove Homecare – meal prep

- (306) 525-0045
- Dovehomecareservices.ca

Helping Hands Bridging Program – meal prep

- (306) 545-7733
- (306) 541-7326

Lend a Hand – meal prep

- (306) 535-5400

Lynn's Home Baking and Cooking – meal delivery

- (306) 543-5005

M&M Meat Shop – meal delivery

- 2526 Quance Street – (306) 789-6328
- Sherwood Mall – (306) 949-2216
- Southland Mall – (306) 359-6328

MPM Homecare – meal prep

- (306) 581-0691

Meals on Wheels – meal delivery

- (306) 766-7200

Mother’s Choice – meal delivery

- (306) 352-3663

No Place Like Home – meal prep

- (306) 520-2223
- Noplacelikehome.ca

Nurse Next Door – meal prep

- (306) 209-0699

REACH convenience meal program – meal delivery

- (306) 347-3224

Skip the Dishes – meal delivery

- Skipthedishes.com

There for You – meal prep

- (306) 531-6041

We Care Health Services – meal prep

- (306) 757-4590

**Not all services ensure proper nutrition