

Peer Leader Role Description

Position Title: Peer Leader
LiveWell with Chronic Conditions (LWCC) Program

Purpose: To provide leadership and facilitation for the LiveWell with Chronic Conditions program, which helps people to better understand chronic health conditions and to learn self-management skills.

Responsibilities:

- To facilitate classes in accordance with the Leaders manual along with another trained LWCC Peer Leader
- To communicate questions or concerns to the program coordinator when appropriate
- To participate in record keeping and program evaluation
- To maintain certification by leading a 6 – week workshop (or attending an update), at least once/year

Time Commitment:

- Peer Leader training workshop (24 hours over 4 days)
- Facilitate a minimum of one 6-week LWCC workshop over the next year. (once a week, 2.5 hours /class, for 6 consecutive weeks)
- Some pre-class preparation time is required when leading the program
- Option to attend educational updates and de-briefing session with other Peer Leaders on a bi-annual basis. (Depending on location)

Qualifications/Skills Required

- Someone who is living with a chronic health condition and/or providing support to an individual with a chronic condition is an asset
- Successful completion of the LWCC Peer Leader program and leading of initial workshop
- Comfortable speaking to a group of 15-18 people

Benefits:

- Opportunity to develop group facilitation and leadership skills
- Opportunity to provide support and assistance to other people living with Chronic Conditions
- Participation in Peer Leader support, de-briefing, and on-going training
- Participation in volunteer recognition programs (where available)

Risks:

- Travel and weather conditions
- Participant(s) with a medical emergency
- Violence and/or harassment while engaging in voluntary work
- Mental fatigue while engaged in voluntary work

Working Relationships:

- Work in cooperation with the LWCC Program Coordinator, other Peer Leaders, and community site contacts