

Rural Addiction Services

Fort Qu'Appelle

Community Health Services Centre
178 Boundary Avenue, Fort Qu'Appelle
Toll Free: 1-866-367-8743

Addiction services in Fort Qu'Appelle include assessment, counselling, and referrals for individuals experiencing problems with substances. Regularly scheduled clinics are also held in Lestock, Balcarres and Raymore. Youth counsellors are regularly available at schools in Fort Qu'Appelle, Balcarres, Punnichy, Lipton, Kelliher, and at the Echo Valley Youth Centre.

Grenfell

Toll Free: 1-866-367-8743

Addiction services in Grenfell include assessment, counselling and referrals for individuals experiencing problems with substances. Regularly scheduled clinics are offered in Indian Head, Broadview, Whitewood and Moosomin. Services are available in Wolseley, Montmartre, and Rocanville upon request. Community education programs are available.

Dedicated Substance Abuse Treatment Unit - Regina Correctional Centre

This correctional centre-based addiction program is for prisoners at the Regina Provincial Correctional Centre. It is a dedicated inpatient unit that provides 5 weeks of structured programming, Monday to Friday. The treatment program includes individual counselling, educational workshops, and process groups to help self reflection.

Secure Youth Detox Centre

The Secure Youth Detox Centre (SYD) provides involuntary detoxification and stabilization for drug abusing or dependent youth, age 12 to 17 years. Involuntary services such as this are considered a last resort for very high risk youth who are unable or unwilling to engage voluntarily in services for their drug problems. Some youth are eligible for mandated community based programming, rather than or following admission to SYD.

An intense program is provided by a multidisciplinary team from both the health and justice sectors.

For information call (306) 787-7946.

Director Addiction Services

1640 Victoria Avenue
Regina, Saskatchewan
S4P 0P7
Phone: (306) 766-6600
Fax: (306) 766-7970

Visit us on the web
www.rqhealth.ca

For 24 hour professional health advice
and information, call



Addiction Services

Mental Health And Addiction Services

Addiction Services

Mental Health and Addiction

Services includes:

Addiction Services
Adolescent In Hospital Unit
Adult In Hospital Services
Child and Youth Services
Mental Health Clinics
Mental Health Promotion & Education

Addiction Services provides group and individual programming such as:

- Comprehensive Day Treatment
- Psycho-educational Groups
- Individual Counselling
- Community Outreach & Counselling
- Community Education
- Integrated Detox
- Problem Gambling Programs
- Secure Youth Detox
- Dedicated Substance Abuse Treatment Unit
- Harm Reduction Methadone Program

Main Contact Numbers

Addiction Treatment Centre, Regina
(306) 766-6600
2110 Hamilton St. Location
(306) 766-7910
Fort Qu'Appelle and Grenfell
1-866-367-8743

Accessing Programs

For **general information** on all Addiction Services programs call (306) 766-6600

To **access treatment programs** call either (306) 766-6600 (Victoria Avenue) in Regina or 1-866-367-8743 for rural addiction services. Referrals are accepted from individuals (self-referral), other agencies, physicians, the courts, employers, and schools.

Screening appointments are available on a walk-in basis.

Walk-in hours are:
Monday to Friday
1:00 p.m. to 3:00 p.m.

General Information

Addiction Services programs are available for any person who is dependent on, or affected by another's use of, alcohol or drugs. Individuals are assessed according to their needs and given suggestions regarding the most appropriate combination of programs and services. This could include individual counselling or group sessions for the client or family members. Aftercare follow up services are available for those who have completed programs.

Community Outreach Programs

Services are offered to individuals at several satellite locations in Regina, including Four Directions Health Centre, Meadow Primary Health Centre, Carmichael Outreach and the Adult Campus.

Addiction Treatment Centre

1640 Victoria Avenue

Adult Programs

These programs can serve as either an entry point to services or a part of follow up care. This includes individual screening, assessment and counselling. As well, Addiction Services offers several psycho-educational groups addressing a wide range of topics. These programs are offered for people who are experiencing problems with substance use or people who are affected by another's use of substances.

Comprehensive Day Treatment

This is a 4-week, group based, non residential program for substance abusing or chemically dependent adults. The program includes group and one to one counselling.

Community Education

Community education programs offered by this service follow best practice models and focus on education and prevention, with an aim to create understanding of addictions in the community.

Integrated Detox Programs

1640 Victoria Avenue

These programs provide a safe, controlled environment for individuals who are under the influence of alcohol or drugs or in a state of withdrawal. Clients may start in the 20 bed Brief or Intox Program or the 25 bed residential Social Detox program, depending on their individual needs.

Problem Gambling Programs

1640 Victoria Avenue

The Problem Gambling program offers a wide variety of treatment options including individual assessment and counselling, women's supports group, mixed support group and family support. A day treatment program provides 60 hours of highly focused intervention and is delivered as two - 5 day (Monday to Friday) components.

Harm Reduction Methadone Program

1048 Albert Street

This program aims to reduce health and social risks for injection drug users and provide treatment services when desired. It aims to reduce overall injection drug use, drug related crimes and Hepatitis C and HIV infections in our community. For information call (306) 766-6350.

Drug Treatment Court

Drug Treatment Court (DTC) is a special, therapeutic court that diverts drug addicted offenders away from imprisonment into intensive treatment programming to address their addictive and criminal behaviours. To be eligible, adult offenders must have a residence in Regina and be dependent on drugs. Their criminal behaviour must have been caused or motivated by their addiction.

All DTC referrals are made through the Crown Prosecutors' office. For information call (306) 766-6300.