

**Addiction Treatment Centre
1640 Victoria Avenue
Regina, Saskatchewan
S4P 0P7**

**For information or register for a bed at
social detox phone (306) 766-6600.**

Visit us on the web
www.rqhealth.ca

For 24 hour professional health advice
and information, call



**Addiction Treatment
Centre**

Brief Detox Program

**Mental Health
and Addiction
Services**

The Addiction Treatment Centre (ATC) is dedicated to providing comprehensive outpatient addiction treatment programs to those suffering with significant substance abuse issues and those experiencing difficulties with addiction. The program's mandate is to reduce substance abuse related behaviour through the provision of intensives treatment programs within the ATC.

Addiction Services programs are available to any person who is experiencing problems with their own use or affected by another's use of alcohol or drugs. Individuals are assessed according to their needs and placed in the most appropriate combination of programs and services. This could include individual counselling or group sessions for the client or family members. Aftercare follow up services are available for those who have completed programs.

Addiction Services is a strong advocate for those wishing to include traditional cultural care into their recovery plans. Our holistic approach to treatment and recovery follows closely with the Medicine Wheel teachings that to fully heal we need to treat the body, mind, emotions, and spirit together.

Addiction Services offers a variety of groups to address specific recovery issues that clients may be experiencing. All referrals to these groups must be made through counsellors at Addiction Services.

Addiction Treatment Centre Brief Detox Program (BDP)

1640 Victoria Avenue
(Osler Street Entrance)
Regina, Saskatchewan S4P 0P7

Phone: (306) 766-6600

Fax: (306) 766-7969

Services Provided

The Brief Detox Program is a unit which provides a safe place to stay for a short period of time. It allows time to rest and recover from the effects of intoxication or drug abuse. The BDP may be an alternative to spending the night in Regina Police Service cells or going to the hospital.

The client's health status is closely monitored by a paramedic. Addiction counselling support is available.

Clients may be referred to the Social Detox Unit, or to Adult Outpatient Service.

Accessing Services

Clients can access the services by phoning us or coming to the centre.

Admission criteria

Clients must:

- be over 18 years of age
- be under the influence of alcohol or other drugs.
- not present a risk of harm to self or others
- be able to walk unassisted and to bear own weight

*** Any patient considered Not Medically Stable is sent to Emergency Department for further medical interventions and should not return until medically stable. This unit is not equipped to manage serious or ongoing medical treatment.**

Please Note: Any clients brought in by the Regina Police Services (RPS) must stay for a minimum period of 4 hours. If these clients choose to leave before this time the RPS is called to pick them up.