

Go to the Regina General Hospital Emergency Department if you have any of the following:

- heavy bleeding from the vagina (soaking more than 2 pads in 2 hours)
- sudden severe abdominal pain
- feel faint or like passing out
- shoulder pain (if you have been told you may have an ectopic pregnancy, or pregnancy of unknown location)
- fever greater than 38°C (100.4°F).

Early Pregnancy Assessment Clinic (EPAC) is open Monday to Friday (not including statutory holidays) 8:00 a.m. to 4:00 p.m.

EPAC is located in the Women's Health Centre (3C) at the Regina General Hospital

**Phone (306) 766-4123
Fax (306) 766-4124**

Early Pregnancy Ultrasound

Early Pregnancy Assessment Clinic (EPAC)

Your ultrasound may have one of the following results:

Viable Intrauterine Pregnancy

- Your pregnancy appears normal.
- If a small amount of bleeding is seen, it will often slow on its own, but sometimes cramping and bleeding may get worse. If it gets worse, call EPAC, or if it is after hours and you are concerned, go to the Regina General Hospital Emergency Department.

Non-Viable Pregnancy (Early Pregnancy Loss)

- There is no fetal heart activity or no developing embryo or fetus.
- This diagnosis is made when you are far enough along that it is certain.

Intrauterine Pregnancy of Uncertain Viability

- The pregnancy appears to be growing in the uterus but it is too early to determine if it will grow normally.
- You may need another ultrasound to look for growth of the pregnancy.
- If the pregnancy is not growing normally sometime you may have increased bleeding or cramping before the next ultrasound.

Probable Complete Abortion/Miscarriage

- The pregnancy is non-viable.
- All or most of the tissue has passed. You may have bleeding or cramping for a few more days and mild bleeding for up to 4 weeks.

Probable Incomplete Abortion/Miscarriage

- The pregnancy is non-viable.
- Some, but not all of the tissue has passed.

Pregnancy of Unknown Location (PUL)

- The ultrasound does not give a clear enough picture of what is happening with the pregnancy.
- There is a chance the pregnancy is **not** in the uterus (ectopic pregnancy).
- To determine if the pregnancy is too early to be seen, or if it is ectopic, you must go for follow-up blood work and possibly another ultrasound.

Ectopic Pregnancy

- The pregnancy is non-viable and is growing outside of the uterus.
- It can be life threatening and needs to be managed as soon as possible.