

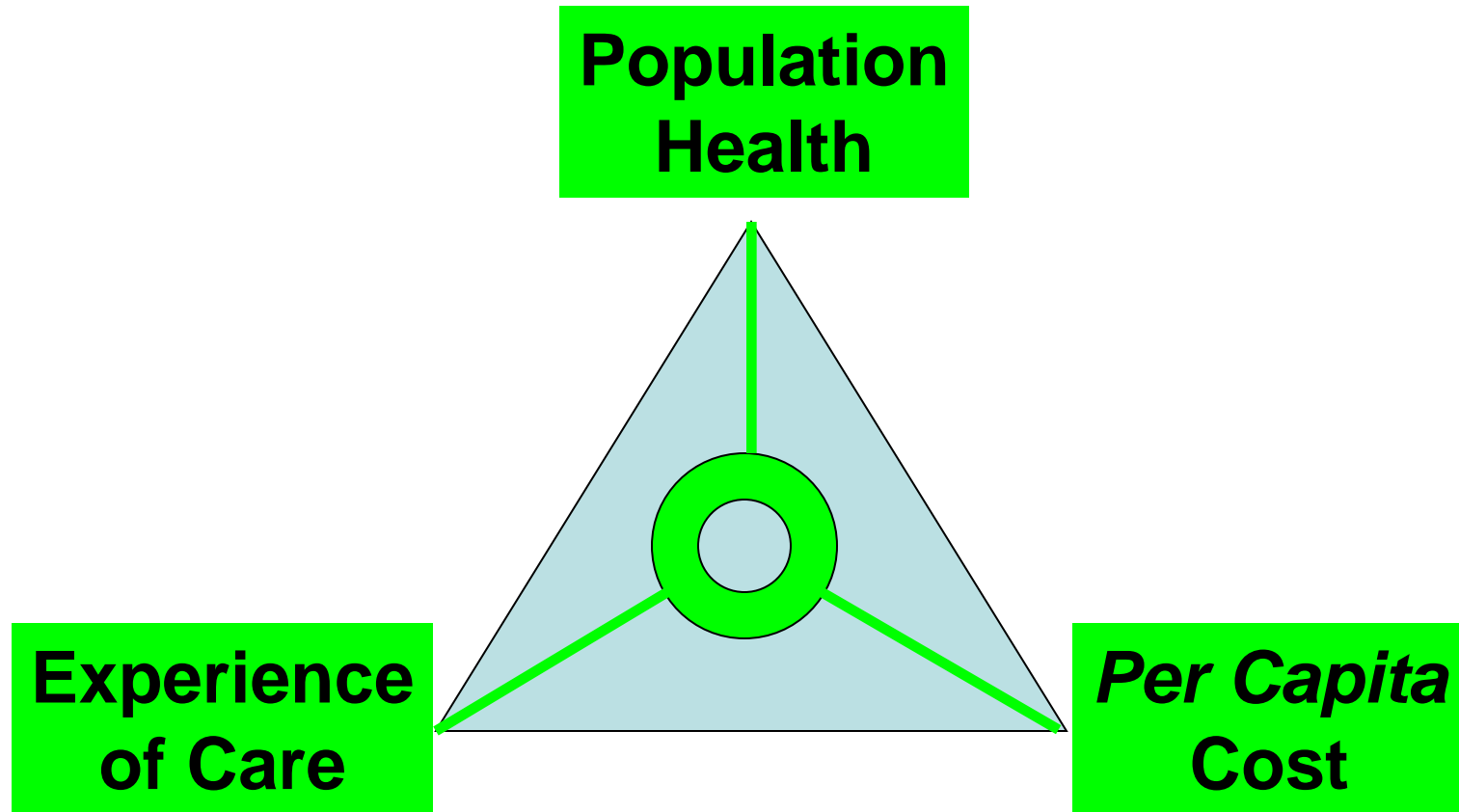
Triple Aim In Saskatchewan

2010 Chronic Disease Prevention &
Management (CDPM) Conference
Regina, SK
June 3, 2010

Partners

- Saskatchewan Ministry of Health
- Saskatoon Health Region
- Regina Qu'Appelle Health Region
- Saskatchewan Health Quality Council
- Institute for Healthcare Improvement

Three Dimensions of Value



Patient First Review

- Patient centered care
- Promotion of good health and prevention of injury
- Empower providers
- Improve system performance

Progress To Date

- Triple Aim Advisory Coalition
- Draft prototype design
- Data Collection and Measurement Committee
- Communications strategy
- Phase IV
- Implementation underway in Saskatoon

Saskatoon Health Region and Triple Aim

- Aligns with SHR strategic directions
- Lessons can be applied to all chronic diseases
 - “by design”, not just a single disease or patient group
- Approach addresses continuum of care

Initial Focus: Patients with COPD

- COPD is a chronic disease where optimizing care makes a difference
- Goal: Optimize management, outcomes, and patient experiences with the healthcare system
- Build on the proven successes of the *LiveWell* COPD Program

Getting Started

- Learn from patient & family experiences for the past 5 years - focus groups, key informant interview

“I now have control over something I didn’t think I had control over.”

“Once part of the system, things happen”

Low public/provider awareness & knowledge of COPD

Aboriginal population not accessing COPD care

LiveWell Program – What Works?

- Three pillars form the foundation
 - group exercise programming
 - self-management/self-efficacy skills
 - optimal COPD management
- Enhanced communication between everyone caring for the patient
 - many barriers are embedded in our healthcare system ie. ‘Burdens of Treatment’
- Working together with the community

Moving Forward

- Build capacity (*'we can't afford not to'*)
 - For COPD
 - For other chronic diseases
- Disseminate and implement the program throughout the province
 - Staying focused on what has proven to improve patient outcomes and quality of life, reduce healthcare utilization, and save money
- Stay tuned ...!