

In addition to supportive long-term care services, the Transition Unit in partnership with the Regina Qu'Appelle Health Region (RQHR) is housed at Parkside. Clients pre-approved by RQHR's Program Access Committee can spend up to three-months receiving additional reactivation and assistance with activities of daily living. The goal is for them to potentially return to their home or a lighter care living arrangement.

Please note that Transition Unit clients are not guaranteed a 3-month stay.

our home includes:

- A resident's lounge
- A beauty salon & barber services
- Three large outdoor courtyards; and
- Six dining rooms for meals and recreation programs

visit us at: www.extendicare.com

Regina

Extendicare Parkside



Extendicare's foundation for superior quality of care is based on a 19 point Commitment to Residents manifesto which was developed by staff, management, and residents. It recognizes the uniqueness of each resident and guides staff in the provision of individualized, respectful care.



Located in a quiet, residential neighbourhood in the south end of Regina, Parkside is an accredited 228-bed continuing care facility.

EXTENDICARE PARKSIDE HAS 12 PRIVATE ROOMS, 40 SEMI-PRIVATE ROOMS AND 34 STANDARD ACCOMMODATION ROOMS. IT'S SMALL ENOUGH TO BE INTIMATE YET LARGE ENOUGH TO PROVIDE A FULL RANGE OF PROGRAMS AND SERVICES.



outdoor courtyards



Parkside has secure, mature grounds with ample shade. All courtyards are wheelchair accessible with gazebos and barbecues. Residents and family members enjoy the wide array of flowering annuals and perennials, the raised garden plot, and observing our feathered/furry friends.



dining areas



Meals are a highlight in any resident's day! Excellent meals are served in our bright, comfortable, and cozy dining rooms. Menus are planned in conjunction with Canada's Food Guide.



lounge area



A place for sharing a meal or celebrating a special occasion with family in a homelike setting, watching television, reading or participating in a social/recreational program such as baking or sewing.

