



## Pre-doctoral Residency In Clinical Psychology

- ❖ Regina Child & Youth Mental Health Services
- ❖ Regina Adult Mental Health Services
- ❖ Wascana Rehabilitation Centre
- ❖ Regina Forensic sites

This residency is accredited by the Canadian Psychological Association and is a member of the Canadian Council of Professional Psychology Programs <http://ccppp.ca/index.php/en/directory/C6/> and the Association of Psychology Postdoctoral and Internship Centers (APPIC: see at [www.appic.org](http://www.appic.org) ).

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# Regina Qu'Appelle Health Region Pre-doctoral Residency in Clinical Psychology

## Table of Contents

1. INTRODUCTION	.....	2
A. The City	.....	2
B. The Setting	.....	3
C. Professional Psychology	.....	3
D. Rotation Sites:	.....	3
(1) Regina Child & Youth Mental Health Services	.....	3
(2) Adult Mental Health Clinic	.....	4
(3) Wascana Rehabilitation Centre	.....	4
(4) Forensic Services	.....	5
2. THE RESIDENCY	.....	5
A. Philosophy, Purpose and Goals	.....	6
B. The Program	.....	6
C. Sample Work Schedules.....	.....	7
D. The Residency Experience	.....	8
F. Residency Resources	.....	9
G. Supervision	.....	9
3. DURATION AND FUNDING OF RESIDENCY	.....	10
4. APPLICANT BACKGROUND	.....	10
6. APPLICATIONS, DEADLINES AND NOTIFICATION.....	.....	11
7. RESIDENCY SUPERVISORS.....	.....	11
Training Director	.....	11
Site Supervisors / Adjunct Supervisors		
(1) Child & Youth Services.....	.....	11
(2) Adult Mental Health Clinic	.....	12
(3) Wascana Rehabilitation Centre	.....	12

## 1. INTRODUCTION

Regina Qu'Appelle Health Region's pre-doctoral clinical psychology residency program offers residents training experiences selected from the spectrum of clinical and forensic psychology services provided to the populations served, spanning in-patient and outpatient clinical and consultative services for children, adolescents and adults, as well as programs addressing adolescent and adult clients in forensic programs. Residencies are offered in sequential and conjoint placements at (1) Regina Child & Youth Services and its satellite programs, the Randall Kinship Centre and Kids First; (2) the Adult Mental Health Clinic and (3) Wascana Rehabilitation Centre, housing Adult Neuropsychology services, the Functional Rehabilitation Program and the Children's Program.

Four residency positions are available each year. Two of those comprise clinical psychology training experiences selected from available clinical programs, identified below. Two other positions provide forensic psychology training in program and individual services provided by the city's adult and adolescent correctional centres and by relevant community services. Clinical psychology services encompass a wide spectrum of in-patient and out-patient assessment, treatment and community support services to pre-school and school-age children, adolescents and adults, spanning clinical and neuropsychological assessments, diagnosis and discharge planning. Clinical programs include adult mental health brief treatment and rehabilitation services, paediatric clinical services, assessment and treatment planning for paediatric cognitive disabilities and foetal alcohol syndrome disorder, adult functional rehabilitation and paediatric neuro-developmental services. Affiliated programs provide developmental supports to families and young children at-risk, addictions services to adolescents and adults, supports for individuals diagnosed with autism, and affected families, and program supports to people from diverse cultures.

Regina Qu'Appelle Health Region is accredited with the Canadian Council on Health Services Accreditation.

In addition to the supervised training offered by psychologists responsible for clinical service delivery, seminar involvement is offered in affiliation with the University of Regina's CPA-accredited Clinical Psychology doctoral program ([www.uregina.ca/arts/psychology/forms/ClinPsycProgManual/](http://www.uregina.ca/arts/psychology/forms/ClinPsycProgManual/)) and with Regina-Qu'Appelle Health Region's Continuing Medical Education Department.

The residency experience is designed to support the development and application of professional discipline skills to address the clinical and forensic needs of clients in a culturally diverse environment and to promote recognition of the importance of integrating socio-cultural awareness in clinical assessment and treatment.

### A. The City

Regina, the capital city of Saskatchewan, is located on the Canadian plains, accessible in a day's drive from Calgary or Winnipeg. Its sister city, Saskatoon, is located approximately 250 kilometres north. Regina, with its catchment-area population of circa 250,000, celebrated its centenary in 2005. Regina houses the University of Regina and its affiliate, the First Nations University of Canada, two hospitals, Pasqua Hospital and Regina General Hospital and a medical rehabilitation facility, the Wascana Rehabilitation Centre. The city boasts a reasonable cost of living and access to many recreational and entertainment venues serving an extensive range of interests. It supports a symphony orchestra, many art galleries, the Royal Saskatchewan Museum

and a comprehensive public library system. Regina's extensive park system includes Wascana Centre, with its man-made lake giving the city the capacity to host regulation racing events and popular rowing races, in summer and to provide free accessible outdoor winter skating. The park system also provides free picnic and barbecue facilities, several kilometers of walking trails, a bandstand, a wild bird sanctuary and acres of lawn that accommodate many events throughout the calendar year, including the Regina Folk Festival. Regina's sport facilities, upgraded to accommodate the 2005 Canada Summer Games, support many teams to competing at national and international calibre, including its CFL Roughrider football team and curling teams. The city boasts a large cultural mosaic and celebrates this heritage in its annual Mosaic Festival.

Regina enjoys, and functions efficiently with, the temperature ranges of a central plains climate.

## **B. The Setting**

Saskatchewan's health services are administered through ten regional structures with the Regina Qu'Appelle, and Saskatoon Health Regions providing specialized tertiary care and consultation to the other regions. Regina Qu'Appelle Health Region's boundaries encompass a rural area north and east of the city. The Region resources a population of approximately 465,000 in the southern half of the province. The region's mental health services maintain central administration and clinical services in the city and psychiatric and psychology consultation to the rural regions of southern Saskatchewan.

Regina also houses Corrections institutions for adult and youth serving sentences for convicted offences and provides related community services.

Clinical psychology services administered by the Regina Qu'Appelle Health Region are provided at multiple outpatient, and in-patient sites: The Adult Mental Health Clinic (adult out-patient services); Child & Youth Services (paediatric out-patient services) and its satellites, Randall Kinship Centre and the Kids First program; Regina General Hospital, providing adult and adolescent in-patient mental health services, and the Wascana Rehabilitation Centre, specializing in the treatment of physical and neurological disorders, which houses adult neuro-psychology services, a children's rehabilitation program and the Functional Rehabilitation Program for patients who have incurred vehicular and work-generated injuries (see also, [www.rqhealth.ca/Programs](http://www.rqhealth.ca/Programs) ).

Team structures at the various sites comprise combinations of physician, nursing, psychology, social work, speech/language, physical and occupational therapy and other professionals, administered by program managers. Teams may be structured around a service modality (eg. "Rehabilitation Services") or by age-related services (eg. "Youth Team").

Staff members and residents have access to the Health Region's comprehensive library and computer Internet services, administrative support services and testing equipment. Service sites provide private telephone and computer-equipped resident offices, assessment rooms equipped with one-way observation windows and assessment tools, cafeteria and/or lunch area facilities. Parking is available.

## **C. Professional Psychology**

Regina Qu'Appelle Health Region employs approximately 20 doctoral and master's trained psychologists who are responsible to program managers. All psychologists are required to be registered with the provincial regulatory body, the Saskatchewan College of Psychologists, and are accountable to that body in accordance with *The Psychologist's Act, 1997*, which regulates the practice of Psychology in the province. Chief discipline

consultants at service delivery sites are responsible for issues pertaining directly to the administration and quality of service delivery. Co-ordination is maintained between in-patient and community-based services.

## **D. Rotation Sites**

### **(1) Regina Child & Youth Mental Health Services**

This outpatient facility provides mental health assessment and intervention services for the Regina and rural area population of ages 0 – 18 years. Clinical staff members are registered with regulatory bodies for the disciplines of psychiatry, clinical social work, nursing, psychology and speech-language pathology. Clinical assessment and treatment services are organized in client age-based teams (0-10; 11-18 years). In addition, the Young Offender team provides distinct forensic assessment and treatment services to youth charged with criminal offences; a specialized Cognitive Disabilities Program provides assessment and liaison services for children and youth presenting with pervasive developmental difficulties; an Early Psychosis Intervention Program provides clinical intervention and community support to teens and young adults affected, and an Autism Services program provides community intervention and family support services for identified clients.

Satellite services, administered through the Randall Kinship Centre and the Kids First programs, have been established also to provide support to families of children with multiple needs who experience difficulties in accessing regularly structured services and to support optimal health through pre-natal and pre-school program supports. Consultative services are provided also to Regina daycares, education and community service systems as well as to rural area clinical teams.

### **(2) Adult Mental Health Clinic**

The Regina Mental Health Clinic (RMHC) is a community-based, multidisciplinary clinic. The Clinic is situated in an easily accessible downtown location and shares the site with Addiction and Public Health Services. The Mental Health Clinic is fully integrated with inpatient/outpatient services operated by the Regina Qu'Appelle Health Region and has extensive linkages with allied community organizations.

The Clinic offers services to adults who present with a broad range of psychological, behavioural and emotional difficulties. Clinical teams in this multidisciplinary centre comprise psychology, psychiatry, social work and community mental health nursing team members. Services are organized both by program area and discipline. Specialty services offered at RMHC include intake/crisis response services, psychiatry, programs for those with long-term mental illnesses, spousal violence programming, adult sexual offender services and group programs for depression /anxiety and borderline personality disorder. Psychologists provide testing, diagnostic and treatment services to clients in all areas of service provision offered by the Clinic.

### **(3) Wascana Rehabilitation Centre: Adult Neuropsychology, Rehabilitation and Children's Programs**

The Adult Rehabilitation services at the Wascana Rehabilitation Centre offer interdisciplinary rehabilitative services to adults who are medically stable and have a physical disability. The role of psychology is as a member of both the inpatient and outpatient teams. Psychologists primarily operate on a consultation basis providing assessment and treatment services to both inpatients and outpatients.

Wascana Rehabilitation Centre houses also the Provincial Acquired Brain Injury Outreach Support Program, a program managed by Saskatchewan Health and funded by Saskatchewan Government Insurance (SGI). Each outreach team consists of a variety of rehabilitation professionals experienced in the field of acquired brain injury. Outreach teams are located in north, south and central Saskatchewan. Psychologists with the Acquired Brain Injury program provide outpatient assessment and treatment of psychological conditions resulting from industrial and motor vehicle accidents (e.g., chronic pain, mood and anxiety disorders, adaptation to disability, vocational counselling).

The Functional Rehabilitation Program, also located within the Wascana Rehabilitation Centre, is an interdisciplinary program providing assessment and treatment to individuals who sustain injuries in motor vehicle or industrial accidents. The clientele has access to treatment teams that may consist of practitioners such as a Physician, Physical Therapist, Psychologist, Occupational Therapist, Exercise Therapist, Recreation Therapist, Dietitian and Nurse. The purpose of the program is to assist each client to regain maximum functional recovery. The length of an individual's program varies widely and is determined by a thorough assessment process, but may range from 6 to 12 weeks, or longer for more severe injuries. The team Psychologist may be involved with each client, depending on need, to aid in recovery or adaptation to disability. Issues commonly addressed in treatment may include mood disorders, anxiety disorders, pain management, and vocational counselling. The Psychologist also may be called upon to provide liaison with insurers and community services to enable the client to make a smoother transition back into the community.

Wascana Rehabilitation Centre Children's Program supports families, health professionals and community caregivers to promote the optimal development of children with physical, neurological and/ or developmental disabilities. Psychologists at the Children's Program work as a part of a multidisciplinary team to provide assessment, diagnosis, intervention, and consultation services to children and their families. Psychologists primarily provide services through outpatient therapy, clinics and family conferences. Clinics provide opportunities for the family or care providers to meet with the child's care team to review needs, share information and update goals. Outreach consultation by Psychologists in community and school settings is also available.

A Children's Program doctoral psychologist provides assessment and consultation services also to the Developmental Assessment Clinic (DAC); Regina General Hospital. This clinic provides developmental screening for newborns requiring admission to the neonatal intensive care unit (NICU) who are at high risk for developmental delay. In addition to the early identification of infants with sensory neural developmental impairments, the clinic also provides early intervention services. The care team at DAC consists of a Neonatologist, a Registered Nurse, a Physical Therapist, an Occupational Therapist, Speech Language Pathologist, Dietician, Social Worker, and a Psychologist. The role of the Psychologist is to complete developmental assessments of infants at risk and to make community referrals as appropriate. Psychologists at DAC work with the multidisciplinary team to provide support and information to families of infants at risk and to ensure appropriate referrals are in place for the child when they are discharged from the program. DAC also provides education for other health care professionals.

#### **(4) Forensic Services**

Forensic clinical services will be provided under the Young Offender Services Program offered through Child & Youth Mental Health Services and in contracted liaisons with Regina Provincial Correctional Centre (Adult) and Adult Probation Services. The Resident will provide assessment and treatment services for offenders serving custody and community sentences, in accordance with established pre-doctoral program case-load

requirements. In particular the program will focus on high-risk offenders some of whom have committed serious violent offenses and are challenged with mental health illness. Young offender assessments may be provided in a clinical or forensic setting. Group treatment experiences are available under adjunct supervision of a Corrections senior staff therapist. Resident offices will be situated in clinical settings and cost compensation for travel between settings is provided.

## **2. THE RESIDENCY**

### **A. Philosophy, Purpose and Goals:**

Regina Qu'Appelle Health Region's services have evolved within Saskatchewan's proud tradition of a high quality of publicly available healthcare and co-operative social supports. These traditions are maintained in current endeavours to address clinical needs with methods recognizing the influential impact of cultural diversity, social structures, economic resources, relational supports and life styles on individual mental and physical health. Health service of the highest quality, based on current best-practice evidence, and provided with respect, compassion and professional accountability is the commitment articulated in the Region's Mission and Values statements.

The Region's mission may be reviewed at <http://rhdintranet/rqhr/AboutROHR/rqhr.htm>

Within this context, the practice of psychology is maintained in collaboration with other health disciplines and with emphasis on developing and maintaining community group programs as well as individual treatments in the service of optimal individual functioning. To this end, psychologists have established conjoint relationships with schools, community recreational facilities, daycares, provincial social services and community-based organizations to establish early identification and efficacious interventions. Regina Qu'Appelle Health Region has been accredited by the Canadian Council on Health Services Accreditation since 2001. The Region's dedication to innovation and advancement of the health service delivery structure to serve the health needs of a diverse population has been recognized in the region's accreditation reviews.

This residency program espouses a clinical-scientist training model and proposes to:

- (1) support the intern's professional development and acquisition of knowledge, skills and abilities in accordance with currently-established scientific principles and best-practice indicators;
- (2) model, and counsel with respect to, competent and ethical professional practice within relevant legislation and professional practice guidelines;
- (3) promote an integrated perspective of functional mental and social competence that envisages optimal individual well-being supported by healthy lifestyle choices within an environment of supportive personal, societal and cultural networks;
- (4) model and support ongoing continuing education and optimal competence by providing and using academic liaisons and continuing education structures.

With those purposes in mind, this residency program strives to meet the following goals:

- (1) To ensure that residents become competent in the pertinent assessment of clients, using interview and observation methods, clinical histories and relevant psychometric measures;
- (2) To ensure that residents are fully apprised of currently applicable legal and professional practice parameters ensuring a high standard of competency in their clinical psychology practice;
- (3) To ensure that residents are competent in planning and providing a range of empirically validated psychological treatment through individual, group and family-based interventions;
- (4) To ensure that residents develop the personal skills, characteristics, and attitudes (including oral and written communication skills, consultation skills and the ability to work with other professionals) necessary for practice as a psychologist with clients from diverse cultural backgrounds;
- (5) To ensure that residents are able to integrate relevant scientific findings and clinical practice training generating a high standard of clinical service delivery.

## **B. The Program**

Regina Qu'Appelle Health Region's pre-doctoral clinical psychology residency program offers training experience across the spectrum of clinical psychology and forensic psychology services provided to the population served, spanning in-patient and outpatient clinical and consultative services for children, adolescents and adults. Residencies will be offered in sequential and selected placements at sites designated for clinical or forensic psychology service delivery in the region, as described, above. All activities comprising the internship experience will be co-ordinated by the residency's clinical training director.

Residents will receive supervision in conducting assessments, formulating and communicating diagnoses, formulating treatment plans, maintaining client/patient files, report writing, conducting group and individual psychotherapy and consultation to other clinicians, programs and external structures. They will have ongoing opportunities to view psychologists in practice and to assist in research and in professional literature reviews conducted for staff education purposes. Clinical case assignments to a resident will be conjoint, with a supervising psychologist assuming primary responsibility. A resident's total case complement, comprising assessments, treatment contracts and report-writing, throughout the course of the internship will be not less than 20. All written communication (file notes, reports, letters) will be signed by the resident (Name, degree, Psychology resident) and co-signed by the supervising psychologist.

Supervised training will be in accordance with currently recognized guidelines for evidence-based practice and will adhere to ethical and legal psychology practice guidelines established by the Canadian Psychological Association and the Saskatchewan College of Psychology and Saskatchewan's Psychologists Act, 1997. Residents will be familiarized with relevant federal and provincial legislation governing clinical practice considerations. Forensic psychology residents will be trained in clinical service delivery within parameters established also under the Criminal Code, the Youth Criminal Justice Act and attendant established policy and practice guidelines. Residents are required also to practice in accordance with the relevant administrative Policy and Procedure manuals and administrative directives conducting operations in the applicable settings. A sample schedule of operations is provided, below.

## **C. Sample Work Schedules**

The Clinical Training Committee and the resident will compile the resident's Work schedule at the beginning of the residency, with a principal time commitment that reflect the resident's choice of client population(s) communicated to the Director of Clinical Training during the Match process. Minor rotation experiences will be scheduled subject to the resident's training requirements and supervision availability.

#### **SAMPLE SCHEDULE OF WEEKLY ACTIVITIES**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-9:30: review & prepare for weekly schedule	8:30 – 10:00AM: Staff, team meetings	8:30 – 10:00AM RGH: APU Grand Rounds	8:30AM – Noon Clinical casework	8:00 – noon  Clinical Supervision/ Training
10:00 – Noon: Supervision	10:30AM – Noon Clinical Education Seminars	10:00AM- noon Clinical casework		
LUNCH	LUNCH	RGH PSYCHIATRY SEMINAR & Lunch	LUNCH	LUNCH
1:00 – 5:00PM Clinical casework	Clinical work with selected program	1:30 – 3:30PM Clinical casework	1:00 – 5:00PM Clinical case/group work	1:00PM – 5:00PM  Research
		3:30 PM-5:00PM University of Regina Clinical Seminar Optional: 6:30 –8:30PM Group work		

**Note:** All scheduling will be finalized with the resident's input to ensure maximum benefit of training experiences to the resident.

Residents will have access to in-service educational opportunities, including Continuing Medical Education seminars and didactic sessions scheduled approximately weekly. Residents will be invited to prepare and to deliver in-service education in areas of interest and expertise and to attend monthly clinical seminars hosted by the Clinical Program of the Department of Psychology, University of Regina. RQHR also schedules tele-health presentations throughout the year to which residents will be welcomed to attend. The Director of Clinical Training will consider also requests from residents, with support from site supervisors, to attend various seminars, conferences and workshops presented throughout the year.

#### **D. The Residency Experience**

Residents, in their arranged training settings, can expect to develop proficiencies in:

- (1) conducting clinical interviews;
- (2) selecting and administering appropriate test materials, including intelligence tests;
- (3) formulating differential diagnoses, using the Diagnostic and Statistical Manual of Mental Disorders (4<sup>th</sup> Edition-TR) appropriately;
- (4) conducting interventions that are reflective of appropriate evidence-based practice indicators; and
- (5) writing reports, including for court-ordered assessments;

Residents also will have full opportunities to participate in a range of educational seminar opportunities offered by the Region, the University of Regina, and provincial professional associations, and will have full access to comprehensive library services. They will participate in team-based settings and have practice with the range of available professional expertise in related disciplines such as psychiatry, social work, nursing, physical, occupational and speech/language therapies. They will participate in ongoing program development and evaluation. They will be exposed to consultation supports for affiliated family support programs.

Residents will be exposed to interventions and modalities indicated to be effective with affected age groups. Those include but are not limited to: parent management training for parents of child clients; family therapy for families with adolescent clients; social skill-building groups for children with behaviour-management difficulties; cognitive-behaviour skill-building groups for adolescents and adults with anxiety and depression; problem-solving skill development; and coping and rehabilitation supports; and anger-management groups.

Residents will be exposed to a culturally diverse population, to a multi-disciplinary work environment, and to a range of interventions developed to minimize immediate risk and optimize the positive short- and long- term impact for the client. They will have particular exposure to services addressing the needs of the Region's aboriginal population.

Residents who successfully complete this program after graduating with a Master's degree in Psychology, acceptable to the Saskatchewan College of Psychologists will have achieved the supervised experience component accepted for registration as a fully licensed psychologist in the province of Saskatchewan. The CPA - accredited residency program provides also the supervised practice required for registration as a doctoral psychologist.

## **E. Residency Resources**

Residents may expect to have private office space, which may be shared with a second student between site assignments. The office will be equipped with a telephone, desk, a computer programmed for private password access and connected to accessible printers, locked storage space and chairs. Offices are cleaned daily and are maintained for public service. The resident will have access to the full range of administrative supports, clerical materials, computerized and manual testing equipment, library resources and audio-visual materials. Observation-testing areas and playroom are accessible by booking. Public transportation is available sites although with some inconvenience involving transit schedules and distances between bus stops and site entrances. A parking pass is available for a monthly fee.

## **F. Supervision**

Residents will receive supervision that is developmental in nature, beginning with the ability to observe licensed supervisors, progressing to working with observation and then to working independently with supervised review. Supervisors will review, edit where necessary, and co-sign all file entries, correspondence and written reports. Residents will receive 4 hours of scheduled, individual supervision, weekly, involving face-to-face meeting with site doctoral supervisors and work review and will be provided with directed reading recommendations. Residents will also receive training in various forms of therapy, including individual, family and group from staff psychologists, social workers and others.

Residents will be expected to record all activities in a log. Supervisors will initial entries at least weekly, and may note comments in the resident's log concerning the resident's performance and progress. The resident may comment also, in writing, on activities and interactions with the supervisor. Supervisor input is intended to give written feedback to the resident of the quality of progress that is observed. A written comment that notes a performance concern is expected to be followed by a written plan to address this concern.

See Section 7 for a list of supervisors.

### **3. DURATION AND FUNDING OF RESIDENCY**

The residency may comprise one consecutive 12-month period (full-time) or one continuous 24-month period (half-time), commencing in early September. The applicant may indicate a preference for a full or half-time placement but the final decision about the availability of such shall be the prerogative of the Clinical Training Committee.

The resident's employment status, for the duration of the residency, is as an out-of-scope, temporary employee, with provisions for wages and benefits decided accordingly. Currently the stipend for a full residency is Cdn. \$30,000.00. Benefits include (for full-time residents):

- eleven paid statutory holidays;
- 15 days of paid vacation;
- personal leave, in accordance with stipulated out-of-scope employee contract provisions and as approved by site supervisor and clinical training director;
- up to \$300. for continuing education;
- 1.25 days of paid sick time per month (up to 15 days per annum);
- 5 paid professional days to attend activities such as conferences and workshops (this and vacation time should be planned in consultation with the site supervisor and Internship training director);
- residents are eligible for training bursaries from SK Health, of up to \$14,000. If successful, this money is supplied in addition to the training stipend, for students who wish to stay and work in Saskatchewan for a stipulated period following successful completion of this residency.

U.S. residents, once accepted by and attending the internship program, are eligible for Saskatchewan Health coverage, on application to Saskatchewan Health, using the documentation received upon entry to Canada.

Residents are eligible for the dental plan, and group life insurance, benefits upon meeting eligibility criteria.

Note: all payments and benefits are adjusted accordingly for interns enrolled on a half-time basis.

### **4. APPLICANT BACKGROUND**

This residency setting welcomes applications from students enrolled in doctoral clinical psychology programs in universities in North America that are recognized by the Saskatchewan College of Psychologists. Priority will be given to applicants with Canadian citizenship. Successful applicants will have (1) completed their required doctoral coursework and comprehensive examinations, (2) received supervised experience in interviewing, administering and scoring paediatric and adult intelligence tests and (3) be familiar with the administration and interpretation of other clinical instruments. Previous psychology practice experience, with direct client contact, of

at least 600 hours, supervised by a registered psychologist in recognized clinical settings and evaluated as acceptable by a licensed practitioner, documented in written references included in the AAPI-online application, is required. This residency selection process will give preference to applicants from doctoral programs that adhere to the Scientist-Practitioner or Clinical Scientist models. Proficiency in spoken and written English is a requirement for entrance to this program.

## 5. APPLICATIONS, DEADLINES AND NOTIFICATION

This internship participates in the on-line APPIC Application for Psychology Internship (AAPI), accessible on the APPIC web site: <http://www.appic.org/>. Applications should include:

1. a current curriculum vitae;
2. official transcript(s), documenting your graduate degree coursework;
3. a letter of reference from each of 3 professionals, two of whom can speak to your applied psychology experiences (applicants are informed that the Director of Training may contact referees directly to obtain further information);
4. A cover letter to the Clinical Training Committee outlining the applicant's preferred areas of specialization for the internship.

Inquiries about this internship program may be made by contacting:

Dr. Elizabeth Ivanochko, Director of Clinical Training  
RQHR Pre-doctoral Clinical Psychology Internship Program  
Regina Child & Youth Mental Health Services  
1680 Albert Street, REGINA SK CANADA S4P 2S6  
e-mail: [liz.ivanochko@rqhealth.ca](mailto:liz.ivanochko@rqhealth.ca)

**Note:** An applicant who is matched with this program will be required to provide the Clinical Training Director with:

- a) an official copy of a Criminal Record Check, completed no sooner than August 1 of the year in which he or she is to begin this internship program with Regina Qu'Appelle Health Region; and
- b) his or her social insurance number.

**Failure to successfully pass this criminal record check will constitute grounds for the applicant not to be employed as a resident in this residency program.**

**Completed applications** must be listed by APPIC no later than **November 15, 2011**. Applicants will be notified by e-mail or telephone by midnight, **December 1, 2011, if they have been selected to be interviewed**. Interviews will be arranged with the applicant to take place in January, 2012, and will include meetings with potential supervisors, with the current resident(s), and with the Clinical Training director. The focus of all interviews will be on establishing that the applicant has relevant entry-level practitioner skills and that there is a good fit between the expectations and needs of the applicant in pursuing clinical training and the service mandate(s) and functions of the relevant sites.

**The internship year will commence September 6, 2012.**

## 6. RESIDENCY SUPERVISORS

### Director of Clinical Training

Elizabeth Ivanochko, Ph.D. (University of London, Eng. 1990); R.D.Psych.

(Psychology Consultant, Rural Southern Saskatchewan; Assessment, treatment and clinical consultation; program consultation; court-ordered parenting capacity assessments).

### **Site Supervisors: Child & Youth Services / Regina General Hospital Adolescent Psychiatry (In-patient) Unit**

**Elisabeth Brass**, Ph.D. (University of Regina, 2010); R.D.Psych.

(Clinical assessment, differential diagnosis, and treatment of youth; group treatment (e.g., parenting group: Survival Skills for the Adolescent Years); expertise with Aboriginal populations).

**Della Hunter**, Ph.D. (University of Regina, 2005); R.D.Psych.

(Consultation: FAS, Autism, Conduct Disorder, Substance Use Disorder, Executive Function and disorders (ADHD, FAS, Autism) and parenting strategies for children with these disorders; clinical assessment of children and youth; forensic assessments of sexual offending youth, sexually intrusive children and victims of sexual assault);

**Jenny Keller**, Ph.D. (Western Michigan University, 2006); R.D.Psych.

(Clinical Assessment of youth; individual and group treatment, consultation to in-patient adolescent unit)

**Kristi Wright**, Ph.D. (Dalhousie University, 2006); R.D.Psych.

(research consultation to Adolescent Psychiatry Unit, Regina General Hospital)

### **Adjunct Supervisors: Child & Youth Services; Randall Kinship Centre; Kids First Program**

**Brenda Charette**, BSW; RSW; issues of cultural diversity in treatment

**Judith Ciuca**, C.M.H.N.; RPN; Screening, assessing, prioritizing & directing referrals for clinical services

**Brenda Dubois**; Kesi-wa-to-ta-to-win (Circle of Life - Tipi Teachings - Traditional Beliefs), Protocols, Medicine Wheel and Circle of Courage

**Tammy Dusterbeck**, M.Ed; R.Psych.; Working with families

**Darla Goettler**, BSW; RSW; Risk assessments

**Terryann McCurry**, MSc;CCC-SLP(C); Developmental assessment of speech and language

**Elizabeth McGrath**, BSc; MA; R.Psych. Youth Violence Consultant, Young Offender Program

**Pamela Olson**, MA; R.Psych. Autism and related programs

**Corrie Ramsay**, BN; RPN; Early Psychosis Intervention Program

**Joanne Shymkiw**, MA; R.Psych.; Court-ordered disposition assessments

**Rob Stephenson**, MA; R.Psych.; Motivational Interviewing

**Linda Thauberger**, M.Ed., RPN., R.Psych.; Group Treatment for Adolescent Sex Offenders

**Megan Tuttle**, Ph.D. R.D.Psych. (Provisional); Dialectical Behavior Therapy, group treatment for adolescents and guardians, forensic risk assessment, individual and group treatment for adolescent offenders.

### **Co-ordinator, Issues of Cultural Diversity**

**Lucille Horse**, BA; BSW.

### **Elders**

**Norma-Jean Byrd**

**Harry Francis**

### **Site Supervisors: Adult Mental Health Clinic**

**John Brown**, Ph.D. (University of London, Eng., 1985); R. D. Psych.  
(Adult clinical, clinical outcome evaluation.. Responsibilities include: Program Manager (Adult Therapy, Alternatives to Violence, Alternatives to Sexual Offending programs), Chief Discipline Consultant Psychology, Adult Mental Health Clinic).

**Katherine Owens**, Ph.D. (University of Regina, 2008); R.D.Psych.  
Adult Therapy Program—treatment services including diagnosis and individual therapy (e.g., Panic Disorder, OCD, depression, PTSD). Neuropsychological, intelligence, personality, and axis I assessment. Cognitive behavioural consultation and training.

**Gary Kuntz**, Ph.D. (Illinois School of Professional Psychology, 1998); R.D.Psych.  
(as contracted: Program Management, Clinical Supervision; Individual, Couple and Family Counselling; Psychoeducational group counselling).

**Pamela Clarke**, Ph.D. (University of Regina, 2009); R.D.Psych.  
(Dialectical Behaviour Therapy Skills Training Groups)

### **Adjunct Supervisors: Adult Mental Health Clinic**

**Heather Elliott**, M.A. (rehabilitative treatment with clients presenting with psychosis)

**Regan Hart-Mitchell**, Ph.D. (Dialectical Behaviour Therapy: skills training groups)

**Lori Markwart**, M.A. (psychological and risk assessments; group facilitation, clinical consultation)

**Katherine Storey**, M.A. (domestic violence treatment)

### **Site Supervisors: Wascana Rehabilitation Centre**

**Shannon Fuchs-Lacalle**, Ph.D. (University of Regina, 2007); R.D.Psych.  
(Diagnostic assessment of pre-school children presenting with queries of pervasive developmental disorder and/or cognitive disability; screening assessment for FAS-D and assessment of children to ascertain eligibility for early entrance preschool programs or other services; provision of intervention and treatment services, behaviour management counselling; individual counselling for children and adolescents; consultation with paediatricians)

**Kristine Kowalyk**, Ph.D. (University of Regina, 2006); R.D.Psych.  
(Provision of psychological services on a part-time basis as part of a tertiary rehabilitation program to individuals involved in motor vehicle accidents with a variety of mental health concerns (e.g., depression, posttraumatic stress disorder. Additionally, provision of psychological services on a part-time basis as a consultant within the Extended Care Program at Wascana Rehabilitation Centre, which is a long-term care facility).

**Tom Robinson**, Ph.D. ( University of Regina, 1999); R. D. Psych.

(Functional Rehabilitation Program: assessment and treatment of psychological conditions resulting from industrial and motor vehicle accidents (e.g., chronic pain, mood and anxiety disorders, adaptation to disability, vocational counselling).

**Heather Switzer, Ph.D.** (University of Regina, 2005); R.D.Psych.

(psychological services to children and adolescents with physical and intellectual disabilities including: assessment; diagnosis; intervention; school programming; advocacy; parent training; supportive counselling).

**David West-Johnston, Ph.D.** (University of South Dakota, 1994); R. D. Psych.

(Functional Rehabilitation Program: assessment and treatment of psychological conditions resulting or complicating recovery from industrial and motor vehicle accidents (e.g., chronic pain, mood, anxiety, somatoform and personality disorders, adaptation to disability and vocational counselling).

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